



## The Christmas Cracker Appeal 2023!

Christmas can be an expensive time for everybody. But for those already on a tight budget, the added expenses of increased winter fuel bills, rising living costs, and the pressure to buy Christmas presents, can plunge many people into crisis, leading them to make difficult choices.

How you can help...

From the **6th November until 15th December 2023** we are asking people to pull a 'Christmas Cracker', and make some noise and laughter to help someone in need this Christmas!

**Step 1—Make a Bang—Share this appeal far and wide.**

**Step 2— Share a Joke—Tell us your best Christmas Joke, and we will share it on our social media.**

**Step 3—Donate—Please donate any long-life food products you can.**

**To help, a £25 donation would feed a family this Christmas**

**(More information can be found on the next page)**

***If you are planning to donate advent calendars please can these be delivered by the 24th November so we can hand them out by the 1st December.***

Once you have finished collecting, all the key information to make your donation can be found on our website: [www.familyfoodbank.org](http://www.familyfoodbank.org).

Or get in touch by calling [01233 500477](tel:01233500477) or emailing [familyfoodbank@children-families.org](mailto:familyfoodbank@children-families.org).

To find out more please follow us on [Facebook](#)!

**This year please make the decision to donate, and together we can make this Christmas a time to remember for all the right reasons!**



Children and Families

The Family Food Bank is part of the Children & Families Charity Group:

Registered Charity no: 1115459



Please Like & Follow Us On Facebook—Search 'Family Food Bank'





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## Step 1—Make a Bang!

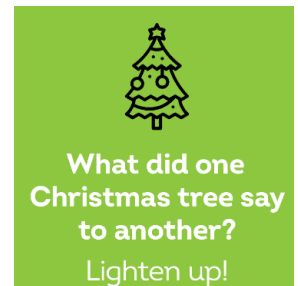
We need your help this Christmas to make some noise about our Christmas Appeal and share it far wide. Anyone and Everyone can get involved to help someone in need this Christmas.

Please tag us on facebook [@familyfoodbank](https://www.facebook.com/familyfoodbank) and use the hashtag [#FFBXmasCracker](https://www.facebook.com/hashtag/FFBXmasCracker)



## Step 2—Share a Joke!

We are asking for your help to put a smile on someone's face by emailing your best Christmas Jokes to [familyfoodbank@children-families.org](mailto:familyfoodbank@children-families.org) so we can share them on our social media. Please include Your name/Organisation name, Town and your joke and we will share them.



## Step 3—Donate!

A £25 donation would help to feed a Family this Christmas.

We are asking you to fill a box, tray or bag with what ever you want, as long as it's long life food, hygiene products, etc. and take it to your nearest Distribution Centre or directly to our warehouse.



Xmas Appeal 2023

For more information on this years appeal please visit

[www.familyfoodbank.org](http://www.familyfoodbank.org)



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Just Giving Donations Page



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